

# The Inaugural Staging of the



## **S.W. ISAAC-HENRY** Track and Field Invitational

On  
Saturday  
February 21, 2015

Starting time  
8:15a.m.

At  
The National Stadium  
Independence Park,  
Arthur Wint Dr.,



"Honour, Diligence, Service" || [www.swisaachenrytrackmeet.com](http://www.swisaachenrytrackmeet.com)

## Order of Events

### Track Events

EVENT	GENDER	CLASS	Sponsor	PERIOD
400M Hurd	GIRLS	OPEN	Alfred Bahadur	8:15am – 8:25am
400M Hurd	BOYS	OPEN	Tropical Blue	8:25am – 8:45am
400M Hurd	WOMEN	OPEN	Sagikor Life	8:45am – 8:50am
400M Hurd	MEN	OPEN	Randolph McLean	8:50am – 9:00am
3000M	GIRLS	OPEN	Class of 1969	9:05am – 9:30am
5000M	BOYS	OPEN	Patrick McDonald Pig Farm	9:35am – 10:00am
400M	GIRLS	THREE	Lewin's Hardware	10:00am – 11:25am
400M	GIRLS	TWO	Free Foam	10:00am – 11:25am
400M	GIRLS	ONE	Four Way Pharmacy	10:00am – 11:25am
400M	BOYS	THREE	Patrick 'Andy' McDonald	11:30am – 1:00pm
400M	BOYS	TWO	Service PHARM	11:30am – 1:00pm
400M	BOYS	ONE	Tropical Blue	11:30am – 1:00pm
70M Hurd	GIRLS	FOUR	Class of 1979	1:00pm – 1:10pm
80M Hurd	GIRLS	THREE	Grace Kennedy Remittance	1:10pm – 1:20pm
100M Hurd	GIRLS	TWO	Xars Equipment and Trucking Co. Ltd.	1:20pm – 1:30pm
100M Hurd	GIRLS	ONE	Yvonne White-Brown	1:20pm – 1:30pm
100M Hurd	BOYS	FOUR	Class of 1995 & 1974	1:35pm – 1:55pm
100M Hurd	BOYS	THREE	Bert's Auto Parts Ltd.	1:35pm – 1:55pm
110M Hurd	BOYS	TWO	Caricom Freight	2:00pm – 2:30pm
110M Hurd	BOYS	ONE	North East Chapter	2:00pm – 2:30pm
Opening Ceremony	Opening Ceremony	Opening Ceremony		2:30pm – 2:45pm
800M	WOMEN	Invitational	La Vega Pharmacy	2:45pm – 2:55pm
800M	MEN	Invitational	On Track Management	2:55pm – 3:05pm

## Order of Events

### Track Events Continued

EVENT	GENDER	CLASS	Sponsor	PERIOD
400M	WOMEN	Invitational	Class of 1982	3:10pm – 3:15pm
400M	MEN	Invitational	Tropical Blue	3:20pm – 3:45pm
200M	MEN	Invitational	Class of 1972	3:50pm – 3:55pm
4 x 800M	GIRLS	OPEN	Micheal Davis	4:00pm – 4:20pm
4 x 800M	BOYS	OPEN	STATHS 79ERS	4:25pm – 5:00pm

### Track Events Continued

EVENT	GENDER	CLASS	Sponsor	PERIOD
Long Jump	BOYS	TWO	Julette Parkes	9:00am – 11:00am
Shot Put	GIRLS	TWO	Class of 1966	9:00am – 11:00am
Javelin	BOYS	OPEN	RM Mattocks Electrical Co.	9:00am – 11:00am
High Jump	BOYS	THREE	Merline Daley	9:00am – 11:00am
High Jump	BOYS	TWO	PetroJam	9:00am – 11:00am
Long Jump	GIRLS	ONE	HEART Trust NTA	11:00am – 1:00pm
Shot Put	BOYS	TWO	Calvin Stamp / Rainford Hunter	11:00am – 1:00pm
Javelin	GIRLS	OPEN	Bar John Industrial Supplies Ltd.	11:00am – 1:00pm
High Jump	BOYS	ONE	Rohan Fenton	11:00am – 1:00pm
Shot Put	BOYS	ONE	Class of 1977	1:00pm – 3:00pm
Long Jump	BOYS	ONE	Dr. Richard Kitson-Walters	1:00pm – 3:00pm
High Jump	GIRLS	TWO	Class of 1971 In Memory of Christopher Scott	1:00pm – 3:00pm
High Jump	GIRLS	ONE	STATHS Evening Division	1:00pm – 3:00pm
Shot Put	GIRLS	ONE	Val Corrington	3:00pm – 4:00pm
Long Jump	GIRLS	TWO	STATHS PTA	3:00pm – 4:00pm

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## Stafford Wycliffe Isaac-Henry OD, JP



A boisterous "Zak a come!" with the attendant 2nd, 3rd and 4th form boys along with their male counterparts from the Trade stream fleeing in concert away from a tall, ebony figure was the standard introduction first form boys got to the most celebrated (and dreaded) figure to traverse the landscape of St. Andrew Technical High School (STATHS). Who exactly was "Zak" who also went by other cognomens such as "Zacky" and "Black Pearl".

Stafford Wycliffe Isaac-Henry, educator extraordinaire and administrator 'par excellence', graced this earth on May 29, 1924. Born in the village of Banbury, St. Catherine, Isaac-Henry with diligence and honour, served STATHS from 1969 - 1990 as its principal, punctuated by an interregnum when Madge Facey administered.

That Mr. Isaac-Henry would march his way to a career in education was a given, as despite his love for and expertise in the field of sports and despite the call to farming packaged with a promised three acres, Isaac-Henry, under the mentorship of his beloved uncle, who was his surrogate father and an educator, successfully completed his first, second and third year Pupil-Teacher Examination. He then moved on to Mico Teachers' College, (now Mico University), and finally completed formal studies with his degree in Education from the University of London.

His remarkable forty year teaching career began at Elletson Primary then he had stints at the Mico Teachers College and the Stony Hill Industrial School. He entered the high school system at Kingston College, where he spent twenty years serving as a teacher whose leadership traits and penchant for discipline were legendary. His work as chief cadet officer at the North Street institution left a lasting impact on those within his watch as well as those without.

The year 1969 heralded his ascendancy into the principal's chair at STATHS and with boundless energy he worked to transform the Spanish Town Road based institution into what we proudly referred to as "the Oasis in the Desert".

## Stafford Wycliffe Isaac-Henry OD, JP

He fused the Trade Training Centre with the High School, he also oversaw the growth of the various departments in the Trade stream and was the driving force behind the start of an Advance Level (A' Level) programme at the school, at a time when it was unthinkable for Technical High Schools to implement such a programme. Yes, Isaac-Henry was a visionary, he also had the innate ability to tap the right sources to get things done. He taught the male population, by example, to be fearless and respectful to the opposite sex, and he taught us collectively to be ambitious, ready to serve and industrious. (He was also an enforcer in reminding us not to walk on the well-manicured lawns that contrasted the surroundings beyond the school walls).

It is not coincidental that some of the schools most distinguished graduates were under his care. STATHS graduates, especially those in the technical field, were greeted with alacrity by the work world and our sportsmen and women held their own and beyond even fulfilling his stated ambition of capturing the Manning Cup, they added the Oliver Shield to boot! During Isaac-Henry's tenure as principal, the track and cricket teams would not win Champs or Sunlight Cup (though they bagged the Tappin Cup), however, our Class 1 sprint teams were a nightmare for those contending for championship honours and our cricket teams habitually placed members on the national teams. He dutifully served the Inter-Secondary Schools Sports Association (ISSA) and wore different hats at different times with equal ease serving as Chairman of the Finance Committee, Chairman of the Football Committee, Chairman of Sunlight Cricket Committee and Director of Ceremonies.

Stafford Wycliffe Isaac-Henry twenty-one years of service was truncated by his passing on July 16, 1990. His was a remarkable journey which will see history indelibly chronicling him among the top echelon in the annals of Jamaican high school principals and administrators. The S.W. Isaac-Henry Track & Field Invitation serves as a means to perpetuate his memory and promote his legacy.

Honour, Diligence, Service



## Chairman of the Committee Message



2015 will see the inauguration of the S.W. Isaac-Henry Invitational Track and Field Development Meet. This year marks the twenty fifth year of the passing of the legendary Stafford W. Isaac -Henry, and so it is quite fitting to stage this meet in his honour.

The Organizing Committee would like to thank Tropical Blue Bottling Company for the confidence they have placed in the meet, thereby being our major sponsor. It would be remiss of me not to mention our other faithful sponsors and so at this time I would like to thank all the other sponsors who so confidently agreed to come on board.

This meet is well positioned as the country's athletes prepare for the 2015 World Youth Championships and the IAAF World Championship. It is hoped that the meet will provide another key avenue to help athletes qualify for participation.

We would also like to take this opportunity to congratulate our Honourees, Mr. Michael Fray and Mrs. Ruth Williams-Simpson who had so gracefully represented our school and country.

This meet would not be a success without the help and cooperation of the hard working Organization Committee, officials, athletes and coaches to them, I say a big thank you. It is hoped that the meet will be of such high standard that it will continue to attract participants who want to qualify for Annual Track and Field events.

Barrington Johnson  
Chairman

## Chairman of the School Board Message



The S W Isaac Henry inaugural track meet is in honour of an educator “par excellence” who dedicated his life in service to Jamaica. S. W. Isaac Henry was principal of St. Andrew Technical High School for over twenty years (1969- 1990). During this period the school experienced monumental growth academically and in the sporting arena. This was attributed to Zacky’s, as he was affectionately called, unique style of leadership. He was a disciplinarian who treasured the students who were entrusted to him. As such, he maintained that his students had to be “optimally rounded”. He championed the importance of academics, coupled with extra-curricular activities. During this period, the students of St. Andrew Technical High School shone academically and the school excelled in the area of sports. Under his leadership St. Andrew Technical High School sent its first team to the Penn Relays, produced world class cricketers such as Richard Austin, Hylton Gordon, Terrence Corke and Anthony Campbell. Olympian, Ruth Williams, and the school won the Sunlight Cup for Cricket for supremacy in 1969 and the Manning Cup in 1987 and lit up the track and field events at the annual Issa Boys and Girls Championship. He loved track and field and this was evidenced in his unstinting commitment to the Issa Boys and Girls Championship.

He was loved and respected by both staff and students of the institution because he valued people. Additionally, he was unafraid of a challenge and he engendered this trait in his staff and students. This created a school spirit that was second to none. Today this spirit lives on in the students and many past students of this institution who continue to assist the school in upholding the legacy of S. W. Isaac Henry (Zacky).

This inaugural S W Isaac Henry track meet is one of the ways in which we will continue to honour the indomitable memory of a true champion of St Andrew Technical High School and Jamaica on a whole.

Silvera Castro, OD, JP  
Chairman of the School Board



## Principal's Message



On behalf of the St. Andrew Technical High School family, friends and well-wishers, I use this medium to congratulate the school and alumni for planning and executing the inaugural S.W. Isaac-Henry Invitational Track and Field Meet.

Over the years, St. Andrew Technical High School has always done well in sports and particularly in track and field where the school has enjoyed broad participation and prestigious success.

Building on an already celebrated history in academics and sports from the late S.W. Isaac - Henry administration to present, St. Andrew Technical High School has leveraged into one of the nation's finest winning sports programme.

As a school, we offer specialist sport programme, providing individuals with personalize support to ensure the full development of their academic, culture and sports skills. The strong self-discipline that is required to be successful in sport training, competition and academic is developed across our whole school curriculum.

It is for this reason that the school built and equipped one of the most modern gymnasium at the school and is now in the process of constructing the St. Andrew Technical High School Mini Stadium in the school grounds.

As the honouring of the memories of the late S.W. Isaac-Henry continues, it is fitting that in September 2015, an additional house will be named after the great sports enthusiast, and another after the current Chairman Silvera Castro who has worked tirelessly over the years with the late S W Isaac- Henry and has continued to date.

St. Andrew Technical High School is dedicated to providing the very best educational opportunity, wide choices and enriching experiences. St. Andrew Technical High School takes pride in nurturing young people who are confident, articulate and responsible while providing thee academic and life skills they need to successfully embark on further education and their future careers. Congratulations are in order to our Olympian Honourees who are testimony to the above.

Phillip A. Wilson, PhD, JP  
Principal

## Tropical Blue's Message ( Main Sponsor)



Mikiayana Company Limited, bottlers and distributors of Tropical Blue Natural Spring Water is honoured to be the main partner of the inaugural staging of the S.W. Isaac-Henry Invitational Track & Field Meet. Our core business is to consistently provide high quality healthy refreshment for our consumers, but it is also a part of our company's mission to become a recognised social corporate citizen by supporting events which showcase the high quality talents of our youth and promote youth development – this meet is one such event. We are also pleased with the fact the meet was conceptualised in an effort to honour the rich legacy left by S.W. Isaac Henry as an educator and sports administrator.

Commendations to the meet organisers who worked tirelessly to ensure that the staging of the meet became a reality; kudos too, to the other sponsors who saw that it was important to dedicate their resources to ensure that the expenses incurred to stage the meet are covered. We sincerely hope that, this meet will be executed at the highest possible standard and that it will become a permanent fixture on both the JAAA and ISSA annual track and field developmental meets calendar.

To all the athletes - best wishes for an injury free season.  
Remember – “victory is in having done your best; if you’ve done your best, you’ve won”.

It is our hope that today's meet will become an event of which the great man – S.W. Isaac Henry – would be justly proud and we look forward to being a partner of the events for years to come.

Sian Scott-Archibald  
Sales & Promotions Manager



## Honouree

### **MICHAEL FRAY** ***"STATHS first"***



Michael Fray Who attended St. Andrew Technical during the years 1961 - 1965, announced himself as a 'future global standout' when in 1964 as a first year Class 1 sprinter he finished 6th in the 100M at the Boys' Athletic Championship. In 1965 he returned to "Champs" finishing fourth at 100M and then captured the 200M silver medal to cap a fine championship. Fray, also captained the Manning Cup team while at STATHS. He completed a year at the College of Arts,

Science and Technology (formerly CAST) before continuing his tertiary studies abroad, attending Mesa Community College in Arizona and then the University of Texas in El Paso (UTEP).

On the track in 1966, he was a member of the Jamaican silver medal winning 4x100M team at the British Empire and Commonwealth Games held here in Kingston. Earlier that year, he was a member of the sprint relay outfit that had mined gold at the Central American and Caribbean Games. In 1967 he competed at the Pan-American Games in Winnipeg, Canada, his first of three representation at this event. Competing at the 1968 Junior College Championships, Fray was a double-individual sprint medalist at the Junior College Championships.

He then went on to finish seventh in the Mexico City Olympic Games 200M finals. Still in Mexico, he ran the second leg on the historic Jamaican 4x100M team that equaled the world record in the heats then lowered it in the semifinals before their fourth place final finish. Fray ended the year ranked #10 in the half-lap courtesy of Track & Field News Magazine.

Though lingering injury issues greeted Fray in 1972 the Bumper Hall Buzzsaw gained his second Olympic assignment, this time to Munich and going half the distance four years on, he finished fifth. Interestingly, in our nation's rich Olympic sprinting history, he is one of only six Jamaican men to have made the finals in both sprint events.

His final major international representation was at the 1975 Pan American Games in Mexico City. St. Andrew Technical High School is proud to salute its first Olympian, Michael Fray at the inaugural S.W. Isaac-Henry invitational Meet. Honour, Diligence, Service

## Honouree

### RUTH WILLIAMS-SIMPSON

#### *A “Fray” find!*



She attended St. Andrew Technical High School (STATHS) between the years 1964 and 1968, the path that took her from Retreat Primary in St. Mary to Bumper Hall. From there her globetrotting began.

She owes her track and field prowess to Mike Fray. As a third year student, Mike, innocuously walked into her first form class and demanded that those who were in Holmes House should stand. He then singled out the tall, long-legged girl, and said, "You look like you can run." This discovery led Ruth to Track and Field. Her Games Mistress Association Girls' Championship career can be best described as under the radar as she has no medals or final placing to show for her efforts, despite her being the top sports woman at the school. It was however, while at Mico Teachers' College that her track career really took off.

She ran her way on to the 1971 Pan American Games team winning a 4x400M bronze medal then in 1972 she made the first of three Olympic Games team competing in the 400M and 4x400M in Munich. She graduated from Mico and continued her athletic training while doing teaching duties at various Junior Secondary schools in Kingston. In 1974 she competed in the first of her two Commonwealth Games (1978 being her next Commonwealth foray) finishing fifth at 200M. In 1976 she won the 200M/400M double at the 1976 Jamaican Olympic Trials and competed in the 400M and 4x400M at the Montreal Olympic Games reaching the semi-final stage in the latter event.

Simpson, received a scholarship to Texas Women's University where she graduated in 1981 with a Bachelors degree in History and a Masters in Education degree. She also holds a Masters in Educational Leadership from Bank Street College of Education. Ruth is married to Wallace Simpson and they are the proud parents of two children, Shelly-Ann and Sean. She is by profession a teacher in the New York City Public Schools' system. We salute you Ruth Simpson!

Honour, Diligence and Service!

## Alumni

The STATHS Alumni Association, both local and overseas welcomes you to this inaugural staging of the SW Isaac Henry Invitational Track Meet and hope you will continue to give your support to our school.

### How Can I Help at School and School Life?

- By Contributing to the breakfast programme to help those who are in need.
- Help with mentoring students
- Contribute to the Sports Committee  
For Sports development in School
- Education and Skills Training
- Advice and Leadership
- Giving back to the School through visiting and giving a hand

### Through the Alumni and Other Support Groups

- Be a part of the Local Chapter and help support the strengthening of our chapter.
- Support the Parents Teachers' Association and its Programme
- Support the plan and vision of the STATHS Trust Fund in the strengthening of the school.

You can register at [www.swisaachenrytrackmeet.com](http://www.swisaachenrytrackmeet.com) and click on the **alumni** tab.

You can contact us at:

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## Notes



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